

INSTRUCTIONS FOR NEW PATIENT AND SKIN TEST APPOINTMENTS

Stop using the following antihistamines medications 7 days prior to your appointment:

All prescription antihistamines
Zyrtec (cetirizine)
Loratadine (Claritin, Alavert)
Allegra (fexofenadine)
Xyzal
Astelin Astepro (azelastine) nasal spray
Atarax (hydroxyzine)
Clarinex (desloratadine)
Doxepin
Periactin (cyproheptadine)
Phenergan (promethazine)

Stop the following antihistamine medications 3 days prior to your appointment:

Benadryl (diphenhydramine)
Chlor-Trimeton (chlorpheniramine)
Over-the-counter "allergy" medications
Allergy eye drops
 Alomide (lodoxamide)
 Elestat (epinastine)
 Optivar (azelastine)
 Patanol, Pataday (olopatadine)
 Zaditor
 Over-the-counter "allergy" eye drops (Visine, Naphcon, etc.)

There is no need to stop the following medications:

Asthma inhalers
Singulair
Steroid nasal spray (Flonase, Nasacort, Nasonex, Rhinocort, Veramyst)
Other medications for other medical conditions